

How effective are anti-obesity campaigns?

Posted on July 11, 2012

July 9, 2012, *Boston Globe*

By Kay Lazar

Mary Regan has witnessed a transformation outside the front door of her Union Square office in Somerville — new “corrals” provide more parking spaces for bicyclists, angled parking has replaced parallel parking for cars to keep doors from flying open into bicycle lanes, and those lanes have been freshly painted. [Continue reading →](#)

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Most kids don't get enough PE, says study

Posted on July 10, 2012

July 10, 2012, *CNN*

Most schools in the United States are not offering children the suggested amount of physical education, according to a new study.

The study, conducted by Bryan McCullick, a kinesiology professor at the University of Georgia, examined all 50 of the United States and found six states where elementary schools followed recommended physical education guidelines. Two states followed the guidelines at the middle school level, and no states had strong enough regulations at the high school level. [Continue reading →](#)

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JHGCCO releases second round RFA for rapid response studies

Posted on July 5, 2012

The Johns Hopkins Global Center on Childhood Obesity (JHGCCO) released its second round Request for Applications (RFA) on July 1, awarding research grants for “rapid response” studies.

JHGCCO seeks to jumpstart systems-oriented childhood obesity research in a rapidly-changing physical or policy environment by supporting rapid response projects — opportune pilot and feasibility projects with timelines that would not allow funding through the regular NIH review cycles. [Continue reading →](#)

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AJPM Childhood Obesity Challenge

Posted on July 5, 2012

Are you or someone you know working on an effective project that addresses childhood obesity? The American Journal of Preventive Medicine (AJPM) wants to hear about it.

AJPM announced the opening of the “Childhood Obesity Challenge,” an online competition designed to provide new and creative solutions to this public health crisis. The Challenge is open to individuals or teams from any sector, [Continue reading →](#)

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U.S. Preventive Services Task Force finds the benefit of behavioral counseling interventions to promote a healthy diet and physical activity is small

Posted on July 3, 2012

In a recent recommendation statement, the U.S. Preventive Services Task Force (USPSTF) announced that behavioral counseling to promote a healthy diet and exercise was not very effective in improving health outcomes among adults without hypertension, diabetes, hyperlipidemia, or cardiovascular disease. The USPSTF recommends that clinicians should selectively counsel patients rather than offering counseling to all patients. [Continue reading →](#)

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